

# The WRUT 'n Run

Wausau Rotary Ultra Trek & Fun Run  
Initiated 2008

At Granite Peak Ski Area  
On Rib Mountain State Park  
Wausau, WI



1<sup>st</sup> October Saturday, Annually  
[www.wausaurotary.org/events](http://www.wausaurotary.org/events)  
10 a.m. – 2 p.m.

1-4 person relay team on the 2.0 mile WRUT, the big loop. How many loops can your team do in 4 hours?  
New in 2011...2 hour solo! How many loops can you do on the WRUT course?  
You're on your own for the 5k Fun Run. 4 laps on the small loop. Bring the kids, bring the family.

## Training Schedule 7:30am, every Saturday 'til Race Day!

Date	Location	Trainer	Sponsor (Fruit-Snack-Coffee)
23-Jul	Granite Peak	Mike McCarthy	Rotary Club of Wausau
30-Jul	Granite Peak	Mark Thuot	Mark & Gretchen Thuot
6-Aug	Granite Peak	Patrick Bradley	Rotary Club of Wausau
13-Aug	Granite Peak	Mike McCarthy	Rotary Club of Wausau
20-Aug	Granite Peak	Mike McCarthy	Bradley Chiropractic & Physical Therapy
27-Aug	Granite Peak	Mark Thuot	RRM Solutions
3-Sept	9 Mile	Mike McCarthy	BradleyWhalen Financial Services
10-Sept	Granite Peak	Mark Thuot	Open
17-Sept	9 Mile	Mike McCarthy	Open
24-Sept	Granite Peak	Mike McCarthy	Open
<b>1-Oct</b>	<b>Granite Peak</b>	<b>Race Day</b>	<b>Rotary Club of Wausau</b>



Major Sponsors

